

TRT Clinic Decision Kit

Compare complete quotes. Prepare clearer questions. Organize a clinic handoff.

One decision, one working file

Use this workbook when you are evaluating a first clinic, considering a transfer or reviewing a renewal. Keep the commercial facts and clinical questions together without treating either as a substitute for professional care.

26 pages

9 printable worksheets

October 24, 2026

A repeatable research workflow

Write, annotate or print

A fixed edition you can save

Your purchase includes

01 A written-quote request, full-cost checklist and worked billing examples.

02 Provider and pharmacy verification steps with official reference links.

03 A transfer handoff plan, appointment prompts and follow-up ownership map.

04 Nine working pages for your own quotes, contacts, questions and next steps.

Prepared by PeakedLabs with AI research assistance. No independent licensed clinical review is claimed. This is an educational organizing tool, not a diagnosis, treatment plan, lab interpretation or dosing guide.

Keep completed worksheets private. Do not send medical records or worksheet notes to PeakedLabs. Purchase support: support@peakedlabs.com.

Choose your route through the kit

You do not need to fill in every page before your next useful conversation.

If you have...	Use these pages	Leave with...
15 minutes and two prices	5-8, then 19-21	A comparable quote and a list of missing charges.
A consultation coming up	3-4, 13-14, then 17-18 and 23	A decision brief and three priority questions.
A possible clinic transfer	11-12, then 22	A named owner and confirmation for each handoff step.
A renewal or new charge	9-10, 15, then 24-25	A record of what changed and what needs confirmation.

The full 60-minute workflow

01 Write the decision in one sentence. A research task is more useful than an open-ended search for the best clinic.

02 Shortlist two clinics. Ask each for the same written information and record the source and date.

03 Normalize the billing period and mark every unknown amount. Do not turn missing information into zero.

04 Bring clinical questions to the appointment. Record who will review results, communicate changes and handle follow-up.

05 Save the written terms and record the next action, owner and confirmation date.

Keep the free tools alongside the kit

peakedlabs.com/tools/trt-cost-calculator

peakedlabs.com/tools/trt-appointment-planner

peakedlabs.com/tools/trt-decision-report

Map all seven parts of the bill

Ask both clinics for the same breakdown. A headline monthly number rarely answers every question you need for a comparison.

Cost category	Ask for the amount and the rule
1. Getting started	Evaluation, setup, enrollment or consultation charge; when it is due; whether it is refundable.
2. Ongoing service	Membership or clinical-service fee; billing interval; included appointments and messaging.
3. Prescribed products	What the quoted price covers, dispensing quantity, billing frequency and how the quote changes if the prescription changes.
4. Tests and visits	Which services are included; who determines additional testing; which party bills you; extra visit charges.
5. Delivery and supplies	Shipping, handling, supplies or other recurring charges; frequency and exceptions.
6. Optional extras	Each optional service and its separate price. Ask whether declining it changes the quoted plan.
7. Ending or changing	Notice period, renewal, refund and cancellation rules; record-transfer charges or other fees.

Use four labels

Confirmed amount | Included in another line | Not applicable | Unknown

Keep an unknown line open until the clinic answers it. 'Included' needs a written statement of what is included and for how long.

Price and service examples in this kit are fictional. Nothing here is a current price quote for an actual clinic or a recommended schedule of testing or appointments.

Written quote: clinic A

Date the quote, state the billing interval and leave unknown amounts explicitly unknown.

Clinic, contact, quote date / expiry and source

Category	Amount / interval	Included, separate or unknown
Setup / evaluation		
Clinical membership		
Medication line		
Tests / appointments		
Shipping / supplies		
Optional extras		
Other charges / taxes		

What can change the quote? Which questions require a clinical evaluation?

Cancellation / refund terms, notice deadline and policy source

Missing information and next clarification request